
Blount's Busy Bee Bulletin

Gladstone Elementary

San Dimas Track Meet

It was a great day for the first track meet since 2019! We had a few classmates who joined the competition on Saturday. Congratulations to Juliana, Clifton, Mary, Colin, Hailey, and Amelie! It was so exciting to watch! I am so proud of all our Griffins who joined in and had determination, perseverance, and fun! You can see some of them in action on the *Celebrations* page of our class website, too.



Volume 14,
Issue 27

A Chip off the Old Potato Update

As of Friday afternoon two of the potato ends were still floating (8 days later). We're going to let them hang out over vacation and see what happens! What does this mean IF the potatoes are still floating? Hmm?

March 21-25,
2022

Accelerated Reader Update

So far, our class total for the number of words read is. . .

6,529,577 !

Keep reading! You all got this! :)

Special Points of Interest:

- *Raffle Question*
- *Leader in Me*
- *April Birthdays*
- *The Need for Sleep*

Leadership!

Each week we do our *Weekly Word Work* focusing on a few questions each day. While we were reviewing the questions recently, I thought “My students are more than capable of leading this activity!” Students now get to lead our *Weekly Word Work* by reading the questions, monitoring the answers, and writing the answers on the SmartBoard (which is harder to do than it looks). Each day a different leader is in charge. Although it is not a mandatory role, I hope all students will choose to be a WW leader sometime this year.

We're continuing to put in data for our weekly AR reading goals and our multiplication facts score when applicable. Students also have the option to put assessments in the “My Learning” section of their Leader In Me binders. The assessments could be ones that are super or possibly not so super.

April Birthdays

Maeve	15
Destiney	17
Ira	21
Keney	26
Leah	27





Your Child and the Importance of Sleep

This is an excerpt from GreatSchools.org. that discusses the importance of sleep and its effect on children. This article appeared in an earlier issue of *Blount's Busy Bee Bulletin*. I thought it was worthy and appropriate at this time of year for a reprint (especially during the month of May when students will be taking the CAASPP/state tests).

Here is a summary of the five facts:

- Lack of sleep will affect your child's mental performance in a detrimental way.
- Even an hour can make a difference. Researchers discovered that an extra hour of sleep improved attention and memory by almost two grade levels.
- A child can feel stress due to several factors, even having too many extracurricular activities. Children need time for play. Otherwise, it's hard for them to relax at bed time and get a good night's rest. Children need to rewind, too.
- Sleep deprivation can cause mood swings, irritability, reaction control, and a loss in IQ points making it more difficult for children to pay attention and engage in learning.
- There is no perfect number of hours for all children. Guidelines suggest, however, that most six to nine year olds require about ten hours of sleep each night. Keeping to a schedule will help your child get the rest s/he needs. If your child isn't waking up feeling rested before the alarm goes off, it's a sign that s/he needs more sleep.
- For more information go to: <http://www.greatschools.org/parenting/health-nutrition/620-sleep-the-secret-weapon-for-school-success.gs?page=all>

Newsletter Raffle Question: Week of March 21, 2022

*Turn in this form on/before April 8, 2022.

Write about what you did over Spring Break.

Write three sentences or more. Show your editing marks, too.

Child's Signature _____ Parent's Signature _____